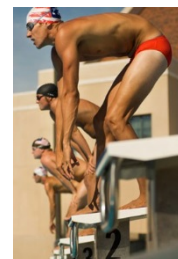




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1929 - 2022

NTS CHAMPIONSHIPS 2022 (09 TO 13 DECEMBER) GALA RULES



1. General swimming competition rules

- 1.1. FINA technical rules will apply
- 1.2. Visitors (from outside Tshwane) must please forward a clearance letter to compete and entry times to be verified
- 1.3. If, due to weather conditions, any section of a swimming program cannot be completed the following will apply:
 - **On the final day of the competition, the results and medals will be awarded as per the results of the heats if the finals cannot be completed.**
 - **If on any of the other days, the finals cannot be completed due to time constraints, the finals will be rescheduled or the results awarded as per the heats results.**
 - **If circumstances require, any part of the program may be swum as timed finals.**
- 1.4. The Northern Tigers Swimming Code of Conduct will apply.
- 1.5. Swimmers are to climb out on the side of the pool and not over the touch pads.
- 1.6. If two or more times in the heats are the same for the 8th place in the final, 1st or 2nd Reserve for the final, a swim off will take place within half an hour after the completion of the heats.
 - 1.6.1. Any swimmer who does not want to participate in the swim off must scratch.
 - 1.6.2. In the event of only one swimmer remains or stays for the swim-off, that competitor will take the 8th place in the final, 1st or 2nd Reserve, as the case may be.
 - 1.6.3. In the event that all the swimmers scratch or that none of the swimmers stay for the swim off, the next placed swimmer will automatically be placed in the final, 1st or 2nd Reserve – as the case may be.
- 1.7. **NB!** If a swimmer misses a race, he or she will not be allowed to swim in a later heat.
- 1.8. The organiser's reserve the right to change the session order and breaks should circumstances on the day necessitate such change.

2. Technical officials



- 2.1. Clubs are responsible to provide officials for each session that their swimmers compete in. Officials must make use of the electronic form to indicate their availability to officiate at the gala.
- 2.2. It remains the clubs responsibility to ensure that they provide sufficient officials to work at each session.
- 2.3. Clubs must supply one technical official for every five swimmers or part

thereof. Eg 1 to 5 Swimmers = 1 Official: 6 to 10 Swimmers = 2 Officials and so on.

2.4. All technical officials must be correctly attired:

- White shirts for all sessions
- Navy blue trousers or skirts for finals sessions
- Navy blue shorts for heats are allowed

2.5. Technical Officials to register using the following link: <https://forms.gle/f7H3foDf5JFYKAcW8>

3. Qualification

3.1. **Qualification period:** 01 January 2022 until the day before normal entries close (please see section 6.6 below.)

3.2. The qualifying time for NTS Champs will be the SSA 2023 Level 3 Qualifying time.

3.3. All swimmers must be registered with SSA or any other National Federation.

3.4. Swimmers must have times on the database within the qualification period mentioned above for any and all events that they would like to participate in.

3.5. All qualifying and entry times must have been achieved within the qualification period. This applies to all times and events mentioned below. Swimmers will not be permitted to enter (normal nor late) on times achieved after the normal entry closing date.

3.6. Achieving any NTS Champs qualifying time within the qualification period will qualify a swimmer for the 2022 NTS Championships.

3.7. A swimmer may enter all the events he/she has qualified in, plus three additional events that he/she has not qualified for. The swimmers must have times on the database within the qualification period for the additional three selected events.

3.8. Provincial Open Water Swimmers may enter the 800 and / or 1500 meter events if they do not have any other NTS Champs qualifying times, but they must have a time on the database within the qualification period for the event they want to enter.

3.9. Swimmers aged 17 and over who do not have any NTS Champs qualifying times, may enter three events, providing they have times on the database within the qualification period.

These swimmers may enter the Mayors Gala if they would prefer, but may not participate in both NTS Champs and the Mayors Gala

3.10. Swimmers who do not have qualifying times in the Long Distance events (i.e. 1500 and 800 Free, 400 IM and 200 Fly) may enter any of these events provided they have times on the database within the qualification period. These events will not be included in the three additional events listed in 3.7 above, except that only the top 24 entries (across all age groups) in the 1500 and 800 Freestyle events will be accepted.

3.11. Swimmers may enter the 50m event if they have a time on the database within the qualification period for that 50m event. If the Swimmer has a qualifying time within the qualification period in another distance of that stroke, the 50m event will not count as one of the three additional events referred to in 3.7 above.

4. Eligibility

4.1. For a swimmer to be eligible to compete at the NTS Championship's, he/she must have achieved the qualifying standard's as set out on clause 3 above, AND

4.2. All swimmers 18 years and younger must have one IM (200m or 400m) time on the database within the qualification period to be eligible to participate. It is NOT compulsory to enter the 200

IM at the championships.

4.3. Swimmers 17 & over who have achieved a SANB Qualifying time, will be exempt from rule 4.2 above.

5. Age groups

5.1. The age of swimmer will be determined as on first day of Championship.

	Males	Females
Guppies:	11 years and under	11 years and under
Sub-Junior:	12 and 13 years	12 and 13 years
Junior:	14 and 15 years	14 and 15 years
Senior:	16 and 17 years.	16 and 17 years.
Open:	Open	Open

5.2. Swimmers may only compete in one age group for the duration of the Championship. e.g. A swimmer that is 17 years old or younger may participate in the open age group, however then that swimmer must swim all his / her events in the open age group.

6. Entries



- 6.1. Entries will be accepted on Team Manager *Commlink* file with hardcopy via email only.
- 6.2. Incomplete or incorrect entries will be discarded.
- 6.3. Entry Times to be set in a 50m pool or converted SCM times.
- 6.4. Only swimmers with official times on the NTS/SSA database (or other National Federation Database for foreign swimmers) achieved during the qualification period as set out in clause 3.1 above may enter the NTS Championships

6.5. No entries will be accepted without attached proof of payment of entry fees.

6.6. Closing date for entries: **22nd November 2022.**

6.7. Closing date for late entries: **29th November 2022** : cost = three times the normal entry fee.

6.8. Closing date for late late entries: **06th December 2022** : cost = ten times the normal entry fee.

6.9. Entries from Swimmers qualifying for Champs at the Mayors gala for the first time will accepted until **06th December 2022** at three times the normal entry fee.

6.10. Psych sheets will be distributed via e-mail by 01st December 2022.

6.11. No entries will be accepted from NTS Clubs if the club is not in good standing with NTS.

6.12. Only accredited team managers may withdraw competitors, lodge objections or complaints

6.13. The following must be submitted to NTS:

6.13.1. *Commlink* Export File from Team Manager

6.13.2. Print out of entries **with proof of Time.** (Entries received without proof of time will be ignored.)

6.13.3. Print out of entry fees

6.14. Entry Fees are not refundable.

7. Relay entries

7.1. Clubs may enter as many relay teams as they like, however only the nominated A and B teams will score points.

7.2. Each relay team must consist of 4 swimmers.

7.3. Mixed relay teams must consist of 2 male and 2 female swimmers.

7.4. The names must be received in the correct following order for the relays on the prescribed electronic form and must be submitted before the end of the session (e.g. morning session) preceding the session (e.g. evening session) in which the relay will be swum. This will be the confirmation of the relay entry. If the relay form is not received, the team will be withdrawn from the event. Only swimmers entered in the competition may swim in the relays.

7.5. Clubs with less than 20 registered swimmers may combine with another club with less than 20 registered swimmers for relays, but no points will be awarded.

7.6. A Swimmer may swim up in a relay, but may not participate in 2 age groups for the same relay.

7.7. The Age groups for relays will be as follows:

- 12 & Under
- 13 – 15
- 16 and Over

8. Entry fees and payment

	NTS Swimmers	Out of District
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8.1. Registration Fee per Swimmer	R 135	R 165
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8.2. Individual event entry fees per event	R 48	R 63
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8.3. Relay event entry fees per relay	R 105	R 125
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8.4. Late Entry fees per event	R 144	R 189
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8.5. Late late Entry fees per event	R 480	R 630
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8.6. Payment: All entry fees must be paid via the club. Swimmers are requested not to make direct deposits for the championships.

8.7. Entry fees are not refundable.

8.8. **No entries will be accepted without a proof of payment of entry fees attached.**

8.9. All coaches, chaperones and team officials must make use of the electronic form to indicate their attendance at the gala, and must ALL be registered members of NTS / their District.

9. Gala format and finals

9.1. The Championship will be swum in an 8-lane format.

9.2. Heats and finals will be swum in all events, with the exception of those outlined below; all swimmers are required to swim heats.

9.3. The 200m Butterfly, 400m IM, 800m and 1500m Freestyle will be swum as timed finals with only the top 8 seeded swimmers, swimming the finals in the evening. Other entries in these

events will swim during the heats in the morning session.

- 9.4. Only the fastest 24 entry times (across all age groups) will be accepted for the 800 and 1500 Freestyle events.
- 9.5. The 400m Freestyle will be swum as Timed Finals on the First evening.
- 9.6. A maximum of two (2) out of district / province competitors will be allowed to compete in a final.
- 9.7. Withdrawals / Scratching from finals must be made within 15 minutes after conclusion of the heats for the day.
- 9.8. Time Trials will only be accepted if approved by the Appeals committee. Application for Time Trials should be made in writing, properly motivated and submitted 24 hours in advance together with the R 600 fee.

10. Withdrawals

- 10.1. Withdrawals from heats must be made before 12:00, noon on the day preceding the event. Withdrawals made after this time as well as “No Shows” will be fined R100 per event. **The swimmer will not be permitted to compete further until the fine has been paid.**
- 10.2. Withdrawals from finals must be made within **15** minutes of the end of the heats session.
- 10.3. Withdrawals from timed final events must be made before 12:00 noon on the day preceding the event. **(Please note that withdrawals from the 400 Free must be made by 12:00 noon on Thursday 08th December 2022)**
- 10.4. Finalists not reporting will be fined R 400.00 per event **and will not be permitted to compete further until the fine has been paid.**
- 10.5. Withdrawals from finals after the closing times listed above will be accepted at R 200 per event.
- 10.6. If the referee deems a swimmer to have deliberately false started or not performing to the swimmer’s capabilities then the swimmer may be fined R400 and will not be permitted to compete further until the fine has been paid.
- 10.7. **Withdrawals will only be accepted on the electronic withdrawal form.**

11. Ceremonies and prize money

- 11.1. Medals will be presented to the first three placed swimmers in each event subject to clause 11.3 below.
- 11.2. Medal presentations will be scheduled during the finals session, but will be dependent on weather and load shedding schedules prevalent on the evenings.
- 11.3. Medals shall be awarded to NTS swimmers. Should an out of district / province swimmer place in the first three, the appropriated all comers medal will be awarded.
- 11.4. For swimmers aged 14 and older (Junior, Senior and Open) the best male and best female performances in each of the age groups will receive prize money as outlined in clause 11.6 below. Only NTS registered swimmers will be eligible prize money. The best male and best female performance is determined by using FINA points, and is calculated for a single event.
- 11.5. For swimmers aged 13 & younger (Guppies & Sub junior) the best male and best female performers (i.e. Victor and Victrix Ludorum) in each of the age groups will receive money as outlined in clause 11.6 below.. Only NTS registered swimmers will be eligible for prize money. The Victor / Victrix Ludorum will be the swimmer who scores the most points in each of these age groups.

11.6. The prize money will be:

- Guppies male and female: R500
- Sub junior male and female: R600
- Junior male and female: R700
- Senior male and female: R800
- Open male and female: R1000
- Endurance Events (15 & Under and 16 & Over) R1000
- Dash for Cash (to be swum at the Mayors gala) 1st R 1000; 2nd R 600, 3rd 300



11.7. Opening Ceremony: Managers should instruct swimmers on respectful behavior during the performing of the National Anthem and opening speeches

12. Club points scoring table

CLUB POINTS SCORING TABLE		
Place	Individual	Relays
1	14	28
2	10	20
3	7	14
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

13. Protests / Appeals

- 13.1. Protests / Appeals must be lodged with the referee as per FINA Rule GR 9.2 together with a R500 deposit, which is refundable if the appeal is upheld.
- 13.2. Appeals must be submitted within 30 minutes of the completion of the respective race. If conditions causing a potential appeal are noted prior to the race or competition an appeal must be lodged before the starting signal is given.

14. Starting times & Managers meetings



- 14.1. A Manager's meeting will take place on Friday 09th December 2022 at 15h00. Clubs who are not represented at this meeting and who do not comply with the rules concerning entries will not receive any concessions.
- 14.2. Starting time for timed finals on Friday 09th December 2022 is at 16h30
- 14.3. Starting time for heats is at 09h00 and finals at 16h00.

- 14.4. Warm up's will start 1 ½ hours before each session.
- 14.5. An opening ceremony will be held on the second day at 15h40

15. Dash for Cash

- 15.1. The dash for cash will take on a different format this season, and will take place at the start of the Saturday afternoon session of the Mayors Gala.
- 15.2. Swimmers will be invited to enter the dash for cash, however only the top 10 entries in each event will be accepted.
- 15.3. The next two ranked entries will be allocated as two reserves for each event.
- 15.4. Only swimmers registered with NTS (i.e. no out of district swimmers), and who are entered in NTS Champs may enter the Dash for cash.
- 15.5. The age groups will be 15 & under and 16 & over for both men and women.
- 15.6. Swimmers age to be taken on the first day of NTS Championships – i.e. 09 December 2022.
- 15.7. Swimmers who enter and are accepted to the dash for cash, and who are unable to swim, MUST withdraw from the event by no later than 24 hours before the start of the race.
- 15.8. Swimmers who do not withdraw, and do not participate in the event will be subject to the same fine outlined in clause 10.4 above, and will not be allowed to participate at NTS Champs until the fine is paid.

16. General

- 16.1. Only coaches registered with SSA or any other National Federation will be allowed on the pool deck.
- 16.2. Clubs should nominate **ONE** Team manager for the duration of the competition.
- 16.3. Warm up procedures will be provided separately.
- 16.4. Lane 10 will be available for "swim down". Consult swim down rules. If abused, this privilege may be taken away.