
SAN25 STANDARDS SA Nationals 2025 Short Course Meters**Female**

	SAN
50 Free	26.88
100 Free	59.04
200 Free	2:10.59
400 Free	4:32.67
800 Free	9:21.98
1500 Free	17:47.35
50 Back	31.24
100 Back	1:06.77
200 Back	2:23.59
50 Breast	33.57
100 Breast	1:14.03
200 Breast	2:39.08
50 Fly	28.26
100 Fly	1:04.37
200 Fly	2:21.62
200 IM	2:26.33
400 IM	5:08.82

Male

	SAN
50 Free	23.72
100 Free	53.35
200 Free	1:57.73
400 Free	4:14.52
800 Free	8:43.24
1500 Free	16:48.90
50 Back	27.32
100 Back	59.97
200 Back	2:10.29
50 Breast	29.76
100 Breast	1:05.43
200 Breast	2:24.77
50 Fly	25.70
100 Fly	57.22
200 Fly	2:08.02
200 IM	2:11.96
400 IM	4:41.11
